

CAPITAL CUP 2019 COURSES INFO

May 23 (Thursday): Model Events / training possibilities

Arena: Metro Station "Palace of Sports".

ATTENTION: the maps are to be reserved and picked up in Event Center.

In terrain the controls of 15x15 cm will be provided.

Maps: inkjet printer on photo paper.

Please request a pre-order for model cards at:

e-mail: orionkiev2015@gmail.com

by phone (067) 552-47-14 - Kudrin Vladimir.

WARNING!

During Events on May 23, 25, and 26, 2019, participants should follow Road Traffic Rules for pedestrians and exercise routine caution when running along or crossing the streets.

Foreseen running through underground passages.

During Model Events you can see how the map depicts forbidden areas and overcoming streets through underground passages.

On May 23, 2019, one regulated obligatory crossing point for the street with unilateral traffic is foreseen for the courses.

Participants who cross the prohibited areas or streets outside underground passages will be disqualified.

May 24 (Friday): Sprint / IOF WRE, Ukrainian Cup stage

The competition arena is located in the Botanical Garden named after. Nicholas Grishka, st. Timiryazevskaya, 1.

Distance from the main Garden entrance to the arena of the competition is 0.8 km.

50.415331, 30.556495

Travel to the Botanical Garden:

- from the metro station "Druzhby Narodiv" on foot 900 m to the central entrance to the Botanical Garden;

- from the "Pecherska" metro station - trolley bus № 14, buses № 62, 62B, 62K - 4 stops (5 minutes on the way) to the stop "Botanical Garden";

- from the central railway station - trolley bus № 14 - 16 stops (22 minutes on the way) to the stop "Botanical garden".

There will be mark to the arena from the central Garden entrance.

For participants and team representatives, entrance to the botanical garden is FREE if there is a breastplate number or a "team representative" card that can be obtained on 23 May in the Event Center or on May 24 before entering the Garden in special Organizers tent **10:00-11:00 (main entrance to Botanic Garden)**.

Terrain: a mixture of urban development, landscape park and forest. Relief erosion. Many forms of relief of artificial origin. The overall height difference is 60 m. The soil is solid. Network of roads and paths of moderate density. Vegetation is represented by both plantations and natural forest, mainly leafy, of different permeability. The presence of a large number of forbidden areas of vegetation. The presence of hard coating along the possible paths of motion is 30-40%.

Hazardous places: slopes, retaining walls, stairs.

Recommended form of participants: spike shoes.

Quarantine:

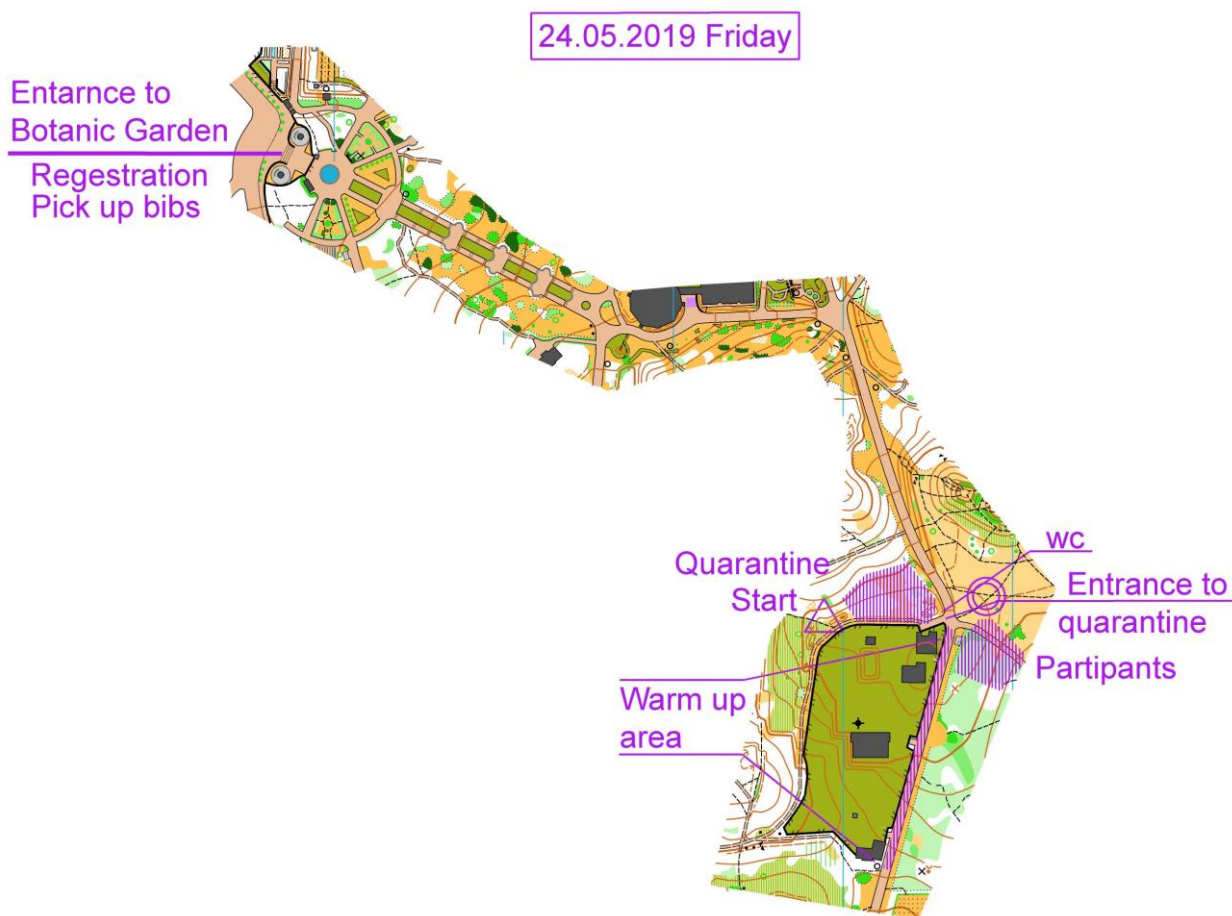
SPRINT: Entrance to quarantine is located at the edge of the arena. At the entrance to the quarantine zone cleaning of the SI cards is carried out. All participants must be quarantined until 12:10. After this time, the SI cards cleaning is stopped. Warming is allowed only within the border of the quarantine zone. In quarantine there are drywall, drinking water.

It is forbidden to use mobile phones in the quarantine zone! Representatives of the teams that entered the quarantine zone must remain there until the start of the closure. After the finish, participants are not allowed to return to the quarantine zone.

Map Scale 1: 5000, H = 2.5 m, ISSOM-2007. The map is printed, laminated. A4 format. Field work 2006, performers – Oleksandr Gavrilyuk, Victor Kirianov. Updated in April 2019 - Kirianov Victor.

Start: Separate. Start interval 1 minute. The distance from start line to triangle is 70 m.

ARENA SCHEME FOR 24.05.2019



Parameters of the courses will be provided separately.

	Expected time of the winner:	Control time
Classes M / W21E	15 minutes	45 minutes
Other classes	15-20 minutes	55 minutes

May 25 (Saturday): Sprint / IOF WRE, Ukrainian Cup stage

The competition arena is located at: st. Khreshchatyk, 7/11

Distance from the arena to the start is 300 meters.

Public transport: by metro to metro station "Maidan Nezalezhnosti" or "Khreshchatyk".

Then - walk according the scheme below.

Terrain: residential development, park. The maximum height difference is 30 m. The presence of hard coating along the possible paths is 90%.

Recommended form for participants: sneakers and outdoor clothing. It is forbidden to use shoes with metal spikes.

Hazardous places: slopes, retaining walls, stairs, streets with little traffic.

Start: Separate. Start interval 1 minute. The distance to orientation is 20 m.

Quarantine: quarantine entry at a distance of 100 m from the launch arena. The chip cleaning is performed in the start zone. All participants should get quarantined until 11:10. After this time, the chip cleaning is stopped. Warming is allowed only within the limits of the quarantine zone.

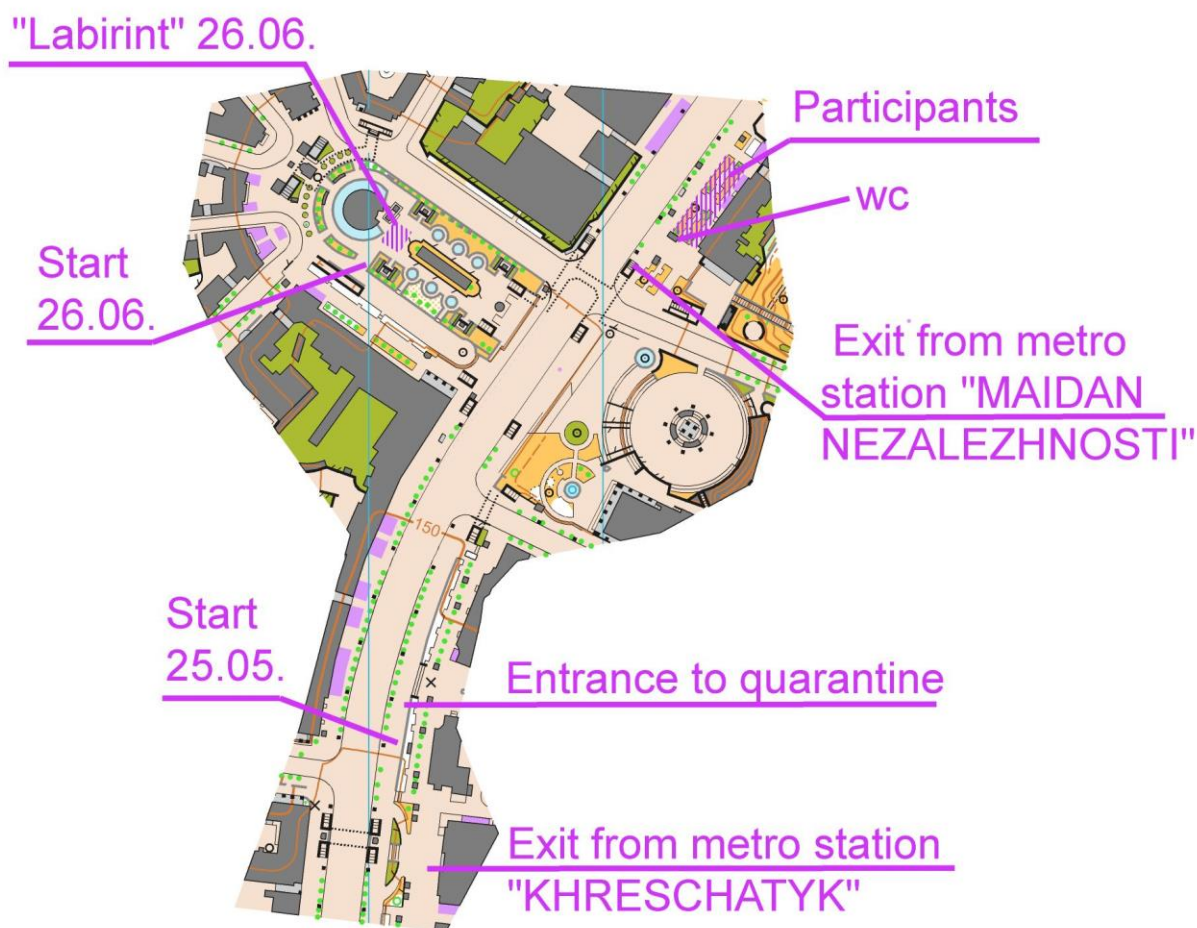
It is forbidden to use mobile phones in the quarantine zone! Representatives of the teams that entered the quarantine zone must remain there until the start of the closure. After the finish, participants are not allowed to return to the quarantine zone.

Map: Scale 1: 5000, H = 2.5 m, ISSOM-2007. The map is printed, laminated. A4 format. Field works – Victor Kirianov during 2018 - 2019 year

Start: Separate. Start interval 1 minute. The distance to triangle is 50 m.

ARENA SCHEME FOR 25 AND 26 OF MAY

Arena for 25 and 26 of May 2019



Parameters of the courses will be provided separately.

	Expected time of the winner	Control time
Classes M / W21E	15 minutes	45 minutes
Other classes	15-20 minutes	55 minutes

May 26 (Sunday): Urban Long Distance

The competition arena is located at: st. Khreshchatyk, 7/11/

Distance from the arena to the start is 200 meters.

Public transport: by metro to metro station "Maidan Nezalezhnosti" or Khreshchatyk. Then walk according the scheme given higher.

Terrain: residential development, park. The maximum height difference is 40 m. The presence of hard coating along the possible paths is 90%.

Recommended form for participants: sneakers and outdoor clothing. It is forbidden to use shoes with spikes.

Hazardous places: slopes, retaining walls, stairs, streets with little traffic.

WARNING! In the area of the competition there are other mass events devoted to the celebration of the KYIV CITY DAY.

CALLING to be attentive and polite!

Map: Scale 1: 5000, H = 2.5 m, ISSOM-2007. The map is printed, laminated. A4 format. Field works – Victor Kirianov during 2018 - 2019 year

Start: Separate. The start interval is 2 minutes. The distance triangle is 30 meters.

Parameters of distances and expected time of the winners will be provided separately.

Control time for classes: W / M21E - 120 minutes.

Other classes - 90 minutes.